

# Is He the One for Me?

## QUIZ

**Check all that apply to your relationship.**

- We enjoy many of the same things.
- I like most of his friends.
- Most of my friends like him.
- He likes most of my friends.
- We agree on our respective roles in a relationship.
- He does not expect nor need me to make him happy.
- His parents like each other.
- If his parents are divorced, it is civilized.
- He feels as I do about pets.
- We agree on having children (or not).
- We agree on religious issues, or agree to disagree.
- We agree on political issues, or agree to disagree.
- We have similar thoughts and practices about money.

- Our values seem to be aligned.
- We have comparable sexual interests and drives.
- Our beliefs and practices with regard to intimacy and affection are similar.
- We are from similar socioeconomic backgrounds.
- We have openly disclosed any past or present financial or credit issues.
- We agree on important financial matters.
- I am relatively sure that he has no big secrets lurking in the shadows.
- He is not overly clingy or too aloof.
- We have had fights, and he fights fair.
- He can forgive and let it go.
- Whatever his shortcomings, I am relatively sure I can live with them.
- He is relatively sure he can live with my shortcomings.
- We can talk openly about our concerns, hopes and dreams.
- I can see myself growing old with him.
- I feel safe with him – emotionally, physically and in our commitment to each other.

## Scoring

Count the number of check marks.

22-28        There's a good chance he's the one!

14-21        It's possible he's the one, but you might want to give it more time.

14 below     He's probably not the one.